

DR JENNY ALEXANDERS (SHE/HER)

PhD, MSc, MCSP, FHEA

Rehabilitation Case Manager • Rehab Direct



20+ years of Clinical experience



Areas covered: Yorkshire &
Humberside, North East, North West



Ages treated: Adolescents and adults

Conditions/Specialisms

• Neurological • Orthopaedic Injury • Brain Injury • Chronic Pain • Spinal Injury • Amputation

Profession

Physiotherapist

Education and Training

PhD Physiotherapy
MSc Sports Physiotherapy
BSc (Hons) Physiotherapy

Memberships and Affiliations

HCPC - PH71734
CSP - 075427
Medico Legal Practice for Chartered Physiotherapists (MLACP)

Biography

Jenny has over 20 years as a Specialist Musculoskeletal and Orthopaedic Physiotherapist. Jenny's working history includes work as an Elite Sports Physiotherapist which included working within disability sports for athletes who are wheelchair bound. Jenny has experience in providing digital and tele-health triage assessments for a range of complex patients with MSK related conditions including spinal, co-morbidities as well as and peripheral surgical procedures and rehabilitation.

Jenny also has over 15 years working as a researcher in health-related research, with many publications to her name including topics on Causation, Breach of Duty, Quantum, Screening Reports, and Condition Prognosis. Jenny is an experienced educator with roles as a lecturer in Sport Rehabilitation as Lecturing and module lead for Clinical Skills Neurology and Psychology at The University of Hull. She was also Course Director for MSc Physiotherapy at Teesside University where she taught across all pre and post graduate Physiotherapy programmes.

Jenny has worked as an expert witness physiotherapist for over 8 years, typically receiving between 20-30 instructions a year. Jenny has also worked with complex patients who have a combination of medico-legal, psycho-social and polypharmacy issues. Jenny has vast experience working with patients that have gone through a range of road traffic collisions and occupational related claims. She is able to write reports for insurance and health insurance companies.

Please note that following the INA or similar assessment, we will always aim for the ongoing case management to be completed by the assessing case manager. In the instance this is not possible, the case will be delegated to our experienced inhouse case management team to provide remote support.