



PHIL MUDGE

BSc, BABCP

KEY SKILLS

- Psychotherapeutic Intervention
- Chronic Pain
- Prolonged Exposure Therapy (PTSD)
- Behavioural Activation (Depression)
- Specialist Primary Care Psychotherapist

MEMBERSHIPS

- British Association for Behavioural and Cognitive Psychotherapies (Member 100043)

EXPERTISE

Phil is a health care professional/ psychotherapist who graduated with a BA in nursing studies in 1998 and then went on to complete a postgraduate diploma in cognitive behavioural psychotherapy. He applies interpersonal, organisational and management skills to his current positions and continually provides evidence-based cognitive behavioural psychotherapeutic interventions.

Phil provides assessment and treatments for those individuals who have had a personal injury working both within the treatment team at Rehab Direct and as an independent clinician ensuring that the best rehabilitation outcome is achieved for the individual client.

Ages treated: adults 18+

Location: Yorkshire