

RAVI SHANKER (HE/HIM)

MSc HCPC MSOM MCSP MAACP

Rehabilitation Case Manager • Rehab Direct



20+ years of Clinical experience
1st year of Case Management



Areas covered: London & South East



Ages treated: Adults

Conditions/Specialisms

- Chronic Pain • Musculoskeletal

Profession

Physiotherapist

Education and Training

BSc (Hons) Physiotherapy

Masters in Applied Physiotherapy

Diploma in Orthopaedic Medicine

Memberships and Affiliations

HCPC Number - PH79921

CSP Number - 78779

Member of the Society of Orthopaedic Medicine

Member of the Association of Chartered Physiotherapists in Occupational Health and Ergonomics

Member of the Acupuncture Association of Chartered Physiotherapists

Biography

Ravi is an experienced Physiotherapist with a strong, hands-on, evidence-based approach to treatment. He offers a wide range of patient-specific interventions, including manual therapy, myofascial release, acupuncture, and functional rehabilitation. He has a particular interest in the management of back, neck, and shoulder pain.

He has worked across NHS and private healthcare settings, specialising in musculoskeletal conditions in primary and secondary care. His experience includes the assessment and treatment of spinal dysfunction, upper and lower limb disorders, and hand therapy.

Ravi also has extensive expertise within the personal injury and complex trauma sector. He frequently manages patients with persistent pain, multiple fractures, neurological disruption, visceral injuries, FND, head injuries, and chronic pain conditions. He designs and delivers tailored rehabilitation and functional restoration programmes, including return-to-work pathways.

He is experienced in coordinating multidisciplinary rehabilitation, working closely with consultants, GPs, case managers, and other clinicians to ensure integrated and goal-driven care. Ravi also provides vestibular rehabilitation, assessing and treating dizziness, vertigo, and balance-related disorders.

** Please note that following the INA or similar assessment, we will always aim for the ongoing case management to be completed by the assessing case manager. In the instance this is not possible, the case will be delegated to our experienced in-house case management team to provide remote support.*