

# ROWAN VICTORIA GOODRICK

MSc BSc HCPC MCSP

Rehabilitation Case Manager • Rehab Direct



HCPC Number: PH65775

8 years of Case Management experience covering:

Chronic Pain • Occupational Health



**Areas covered:** Cumbria, Scotland,  
North East, Lancashire



**Ages treated:** Adolescents aged 12+  
years and adults

## Key Skills

- **Multidisciplinary working with the occupational health nurses, doctors, GPs and orthopaedics to ensure that the patients have access to timely and appropriate management. Rowan has worked for 6 years specialising in rehabilitating patients back into employment.**
- **Experience with complex patients presenting with musculoskeletal, neurological (including FND and brain injury) and psychological trauma.**
- **Rowan is experienced in designing and delivering bespoke pain and functional restoration programmes.**
- **Specialising in the identification and management of early signs of chronic pain.**

## Experience and Background

Rowan qualified as a Chartered Physiotherapist in 2003 and completed junior and senior rotations specialising in musculoskeletal disorders at Rotherham District General. This included working in orthopaedics, rehabilitation and chronic pain management.

In 2007, she took on the role of senior physiotherapist treating GP referrals for Sheffield Primary Care Trust. This role provided experience of various musculoskeletal disorders and clinics including pain management, triage and exercise.

During her previous roles, Rowan has gained invaluable experience and knowledge regarding best practice in the management of complex musculoskeletal disorders and polytrauma.

Since qualifying as a physiotherapist, Rowan strives to further her clinical knowledge and practice. She has attended numerous post graduate courses and has completed complete an MSc in Ergonomics and Health at The University of Derby. Rowan promotes a holistic, patient-centred approach, considering both physical and psychological characteristics.

*\* Please note that following an INA or similar assessment, any ongoing case management will be completed by one of our experienced inhouse case managers via remote / desktop support.*