



ALEX STEFANAKIS

BSc, HCPC, MCSP
Physiotherapist

KEY SKILLS

- Persistent pain and functional restoration
- Neurological disorders and injuries
- Multiple and complex trauma

MEMBERSHIPS

- Health and Care Professions Council (PH105349)
- Chartered Society of Physiotherapy (096511)

EXPERTISE

Alex studied in Greece qualifying as a physiotherapist in 2013. He moved to the UK in 2015 employed by NHS Sudbury Community Health and gained valuable experience in clinical assessment and treatment of complex cases. Alex gained further experience in the NHS in orthopaedics (elective and trauma), respiratory medicine and neurology.

Alex has worked collaboratively with occupational therapists, assistant therapists, psychologists and consultants, ensuring the best rehabilitation approach of the patients.

Alex left the NHS in 2019 and works in different roles in the private sector, including working as a rehabilitation case manager undertaking assessments and home visits for clinical case management. Alex has experience in assessing and case managing acute and chronic injuries, persistent pain, spinal injuries and complex orthopaedic injuries.

Ages treated: adults 18+
Location: London