

# CLAIRE GARDENER

HCPC, CSP



## Key Skills

- Multiple and complex trauma
- Persistent pain and functional restoration
- Neurological disorders and injuries



**Ages treated:** Adults 18+



**Areas covered:** East Anglia



## Clinical & Professional Experience

Claire qualified as a chartered physiotherapist in 2004 and completed junior and senior rotations specialising in musculoskeletal disorders, orthopaedics, domiciliary and neurology at North Warwickshire and Birmingham NHS Trusts. She has expertise in both rehabilitation and case management and completed a diploma in orthopaedic medicine at Middlesbrough University.

Claire spent some time working in New Zealand treating patients during acute and chronic post-injury, alongside degenerative musculoskeletal injuries. Claire has worked in complex case management since 2014, regularly performing immediate needs assessments (INAs) and ongoing case management.

## MEMBERSHIPS

- Health Care Professions Council (PH70833)
- Chartered Society of Physiotherapy