

PHIL MUDGE

BSc, BABCP



Key Skills

- Psychotherapeutic Intervention
- Chronic Pain
- Prolonged Exposure Therapy (PTSD)
- Behavioural Activation (Depression)
- Specialist Primary Care Psychotherapist



Ages treated: Adults 18+



Areas covered: Yorkshire



Clinical & Professional Experience

Phil is a health care professional/psychotherapist who graduated with a BA in nursing studies in 1998 and then went on to complete a postgraduate diploma in cognitive behavioural psychotherapy.

He applies interpersonal, organisational and management skills to his current positions and continually provides evidence-based cognitive behavioural psychotherapeutic interventions.

Phil provides assessment and treatments for those individuals who have had a personal injury working both within the treatment team at Rehab Direct and as an independent clinician ensuring that the best rehabilitation outcome is achieved for the individual client.

MEMBERSHIPS

- British Association for Behavioural and Cognitive Psychotherapies (Member 100043)