

ROWAN GOODRICK

MSc, BSc, MCSP, HCPC



Key Skills

- Multiple and complex trauma
- Persistent pain and functional restoration
- Neurological disorders and injuries
- Return to work/vocational rehabilitation



Ages treated: Adults 18+



Areas covered: Cumbria



Clinical & Professional Experience

Rowan qualified as a chartered physiotherapist in 2003 and completed junior and senior rotations specialising in musculoskeletal disorders at Rotherham District General. This included working in orthopaedics, rehabilitation and chronic pain management.

In 2007, she took on the role of senior physiotherapist treating GP referrals for Sheffield Primary Care Trust. This role provided experience of various musculoskeletal disorders and clinics including pain management, triage and exercise.

Rowan completed a master's in ergonomics and health at The University of Derby.

Rowan promotes a holistic, patient-centred approach, considering both physical and psychological characteristics.

MEMBERSHIPS

- Health Care Professions Council (PH65775)
- Chartered Society of Physiotherapy