

An Individual Approach • Case Management

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RUSSELL BURWOOD (HE/HIM)

MSc HCPC MCSP

Rehabilitation Case Manager • Rehab Direct

10+ years Clinical experience9+ years of Case Management experience





Areas covered: South East, South West, East Midlands, East of England



Ages treated: Adolescents and adults

Conditions/Specialisms

• Neurological • Women's Health • Brain Injury • Chronic Pain • Amputation • Occupational Health

Profession

Physiotherapist

Education and Training

BSc (Hons) Physiotherapy Advanced Level 3 Personal Training Injection Therapy Course FCP Level 1

Memberships and Affiliations

HCPC Number - PH105334 CSP Number - 095892

Biography

Russell is a highly motivated, confident professional with excellent clinical knowledge and experience. He is an empathetic and effective communicator with extensive experience in managing clients with a wide range of complex presentations.

Russell trained as a Physiotherapist at the University of East London and has worked in both the public and private sectors in the UK and the USA. Russell is also a qualified personal trainer and sports coach, and now works in private practice seeing Bupa, AXA, and self-funded patients for treatment, including professional athletes.

Russell's clinical experience and expertise reside in the management of musculoskeletal and neurological injuries (including brain injury and FND), persistent pain, functional rehabilitation, management of long-term conditions and disability.

Russell works with clients and their families from the initial needs assessment, setting realistic goals, coordinating and overseeing the clinical interventions, and producing accurate, succinct reports and updates to keep the interested parties fully informed. Russell provides close support to clients and their families throughout their rehabilitation, coordinating the most appropriate multi-disciplinary team to meet the needs of the injured person, and putting the client and family at the centre of the planning and decision-making process.

* Please note that following the INA or similar assessment, we will always aim for the ongoing case management to be completed by the assessing case manager. In the instance this is not possible, the case will be delegated to our experienced in-house case management team to provide remote support.