

DOMINIC MOON (HE/HIM)

BSc HCPC MCSP

Rehabilitation Case Manager • Rehab Direct



9 years of Clinical experience



Areas covered: Yorkshire &
Humberside, North East, North West,
and Greater Manchester



Ages treated: Adults and adolescents
aged 5 years+

Conditions/Specialisms

- Neurological • Orthopaedic Injury • Chronic Pain • Spinal Injury

Profession

Physiotherapist

Education and Training

BSc (Hons) Physiotherapy

Masters in Sports and Exercise Medicine

Post-graduate qualifications in emergency trauma management in football

Post-graduate qualifications in Strength & Conditioning

Memberships and Affiliations

HCPC - PH110058

CSP Number - 099880

Biography

Dominic graduated with a BSc (Hons) in Physiotherapy from Sheffield Hallam University and later completed an MSc in Sports Medicine at the University of Leeds. His clinical experience spans specialist hand therapy, neuro-musculoskeletal care, and upper and lower limb orthopaedics, alongside serving as Occupational Health Lead within his NHS Trust. He has five years of experience with Sheffield Wednesday Football Club, progressing from apprentice academy physiotherapist to providing care for the U14-U21 squads. This included pitch-side management, injury assessment, rehabilitation delivery, and athlete development support.

Dominic previously founded and ran a successful private Physiotherapy and Strength & Conditioning clinic before refocusing on advanced clinical practice and staff education. He now acts as a lead educator for colleagues working in sport, First Contact Physiotherapy (FCP), and Occupational Health.

His practice is grounded in a biopsychosocial approach—designing structured, evidence-based treatment plans, identifying early indicators of persistent pain, facilitating safe return-to-work, and working collaboratively with clients and the wider care team.

FCPs are highly experienced clinicians working within a multidisciplinary team, collaborating with GPs and other healthcare professionals who can assess and diagnose a range of MSK conditions. They regularly provide advice, treatment plans, and arrange referrals to other specialist services, or further investigations including scans. Some may also undertake injections and prescribe medications.

** Please note that following the INA or similar assessment, we will always aim for the ongoing case management to be completed by the assessing case manager. In the instance this is not possible, the case will be delegated to our experienced in-house case management team to provide remote support.*