

An Individual Approach • Case Management

BEN FLOWER

Rehabilitation Case Manager • Rehab Direct

1st year of Case Management



Areas covered: Yorkshire

Ages tr

Ages treated: Adults

Conditions/Specialisms

Orthopaedic Injury
• Chronic Pain
• Spinal Injury

Profession

Physiotherapist

Education and Training

BSc Hons Physiotherapy Post Graduate Certification in FCP

Memberships and Affiliations

HCPC - PH104790

Biography

Ben is a highly experienced Musculoskeletal Physiotherapist with over 11 years of clinical practice spanning outpatient, primary care, and advanced MSK roles. He currently works autonomously in a primary care setting, managing complex musculoskeletal presentations through advanced assessment, clinical reasoning, and collaborative care planning.

He has particular experience supporting patients following traumatic injuries, including spinal, upper limb, and functional impairments, with a focus on personalised rehabilitation aimed at restoring physical function, independence, and quality of life. His approach is holistic, goal-oriented, and built around clear communication with patients, families, and multidisciplinary teams.

Ben holds a Postgraduate Certificate in First Contact Practice and has completed MSc-level training in spinal pathology and management. He is committed to delivering evidence-based, patient-centred care and is confident in working across a range of settings to help individuals achieve meaningful rehabilitation outcomes.

*Please note that following the INA or similar assessment, we will always aim for the ongoing case management to be completed by the assessing case manager. In the instance this is not possible, the case will be delegated to our experienced inhouse case management team to provide remote support.

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Rehab Direct.

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