

TOM COLLIER (HE/HIM)

MSc HCPC MCSP

Rehabilitation Case Manager • Rehab Direct



8+ years of Clinical experience

**Areas covered:** East Anglia and East of England**Ages treated:** Adolescents 12 years + and adults

Conditions/Specialisms

- Neurological
- Orthopaedic Injury
- Amputation
- Chronic Pain
- Spinal Injury
- Occupational Health

Profession

Physiotherapist

Education and Training

- BSc (Hons) Sport Health and Exercise Science
- MSc Physiotherapy (Pre-Reg)
- MSc Clinical Research
- Independent and Supplementary Prescriber
- Joint Injection Therapist

Memberships and Affiliations

HCPC - PH111682
CSP - 101337

Biography

Tom is an experienced Advanced Practice Physiotherapist and Independent Prescriber with a strong academic and clinical background across both the NHS and the private sector. He has extensive experience in Musculoskeletal (MSK) practice, rheumatology, and orthopaedics. Having initially worked in the private sector as an MSK physiotherapist managing medicolegal physiotherapy cases, Tom has developed a clear understanding of medicolegal rehabilitation. To date, Tom works as an Advanced MSK Practitioner in the primary care setting and has significant experience managing complex cases, including red flags, long-term conditions, and multimorbidity.

He is responsible for diagnosing and managing MSK conditions, requesting and interpreting blood tests and imaging, and referring to secondary care services (such as orthopaedics and physiotherapy) where clinically appropriate. He has completed advanced postgraduate training, enabling him to inject and prescribe medication autonomously. As a team lead, Tom supervises First Contact MSK Practitioners and supports colleagues through the FCP Roadmap to Practice. Tom has been awarded several prestigious clinical-academic fellowships through Health Education England and the National Institute for Health and Care Research. He has published multiple peer-reviewed academic papers, including a lead-author publication in the world-renowned international journal, *Annals of Medicine*.

FCPs are highly experienced clinicians working within a multidisciplinary team, collaborating with GPs and other healthcare professionals who can assess and diagnose a range of MSK conditions. They regularly provide advice, treatment plans, and arrange referrals to other specialist services, or further investigations including scans. Some may also undertake injections and prescribe medications.

** Please note that following the INA or similar assessment, we will always aim for the ongoing case management to be completed by the assessing case manager. In the instance this is not possible, the case will be delegated to our experienced inhouse case management team to provide remote support.*