

ANNA GOODMAN (SHE/HER)

MSc HCPC

Rehabilitation Case Manager • Rehab Direct



10+ years of Clinical Experience

1 year of Case Management Experience



Areas covered: Cornwall



Ages treated: Adults and Adolescents

Conditions/Specialisms

• Orthopaedic Injury • Neurological • Spinal Injury • Brain Injury

Profession

Physiotherapist

Education and Training

BSc Hons Physiotherapy

Memberships and Affiliations

HCPC - PH107578

CSP - 097789

Biography

Anna is a highly experienced and HCPC-registered physiotherapist, qualified in 2014, with extensive clinical experience across specialist neurology, orthopaedics, and extended scope musculoskeletal services. Currently employed as a First Contact Practitioner in primary care, delivering advanced assessment, triage, and case management for complex MSK presentations. Anna demonstrates particular expertise in sports rehabilitation and neurorehabilitation, working collaboratively within multidisciplinary teams to deliver evidence-based, patient-centred care.

Committed to ongoing learning, Anna actively engages in continuing professional development. Anna regularly attends training courses, workshops, and clinical supervision sessions, integrating new evidence and skills into their practice. This dedication to CPD ensures that their clinical knowledge remains current, innovative, and aligned with best practice guidelines.

**Please note that following the INA or similar assessment, we will always aim for the ongoing case management to be completed by the assessing case manager. In the instance this is not possible, the case will be delegated to our experienced inhouse case management team to provide remote support.*