

# ESNART NAMAKANDO (SHE/HER)

MSc NMC

Rehabilitation Case Manager • Rehab Direct



20+ years of Clinical Experience

1 year of Case Management Experience



**Areas covered:** London, South East,  
South West, East Midlands, West  
Midlands, East of England, East Anglia



**Ages treated:** Adults and Adolescents

## Conditions/Specialisms

• Orthopaedic Injury • Neurological • Spinal Injury • Brain Injury • FND • Womens Health • Chronic Pain

## Profession

Nurse

## Education and Training

MSc Degree in International Child Health  
Diploma in Health Services Management

## Memberships and Affiliations

NMC Registration: 94Y01530

## Biography

Esnart Namakando is a dedicated and compassionate professional with extensive experience in the management of individuals with brain injury and neurological conditions. Her career is centred on providing comprehensive client-centred support to help people and their families navigate the complex healthcare system and achieve their rehabilitation goals.

Drawing on a strong background in brain injury and neurological rehabilitation, Esnart has a deep understanding of the cognitive, physical and emotional challenges associated with conditions like traumatic brain injury, stroke, and other complex disorders. She excels in conducting thorough needs assessments and developing individualised care plans that address a client's specific requirements.

Esnart's professional philosophy is rooted in empowerment and a holistic approach to care. She believes that every individual has the potential to regain independence and a high quality of life and her work is dedicated to helping them to realise that potential. She is committed to building strong trusting relationships with her clients and their families ensuring they feel supported and heard every step of the way.

*\*Please note that following the INA or similar assessment, we will always aim for the ongoing case management to be completed by the assessing case manager. In the instance this is not possible, the case will be delegated to our experienced in-house case management team to provide remote support.*