

INGVILD DRAKE (SHE/HER)

HCPC MCSP

Rehabilitation Case Manager • Rehab Direct



26 years of Clinical experience
5 years of Case Management experience



Areas covered: South East & East of
England



Ages treated: Adolescents & Adults

Conditions/Specialisms

- Neurological • Orthopaedic Injury • Chronic Pain

Profession

Physiotherapist

Education and Training

BSc (Hons) Physiotherapy
Sports Science

Memberships and Affiliations

HCPC - PH56990
CSP - 61720

Biography

Ingvild qualified with a Physiotherapy BSc (Hons) in 1999 and began her career at the William Harvey Hospital in Kent, completing broad junior rotations across medical, respiratory, surgical and orthopaedic settings, as well as stroke and elderly care. She later progressed into senior rotational posts within Orthopaedics and MSK outpatients, further strengthening her clinical expertise.

Since 2005, she has worked in the private sector, focusing on orthopaedic injuries and a wide range of MSK conditions. Her experience also includes neurological presentations such as FND and brain injury, persistent pain and psychological trauma. Ingvild takes a holistic, patient-centred approach, assessing physical, psychological and social needs to establish realistic and meaningful rehabilitation goals. She is committed to clear communication, collaborative multidisciplinary working and delivering tailored treatment plans that support each patient's recovery.

Ingvild is a member of the Chartered Society of Physiotherapy (CSP) and is registered with the Health and Care Professions Council (HCPC). She has completed Orthopaedic Society courses, is a qualified Pilates instructor, and is registered to administer acupuncture and provide vestibular assessment, treatment and rehabilitation.

** Please note that following the INA or similar assessment, we will always aim for the ongoing case management to be completed by the assessing case manager. In the instance this is not possible, the case will be delegated to our experienced in-house case management team to provide remote support.*