

NAOMI DENBY (SHE/HER)

BSc HCPC MCSP PGC

Rehabilitation Case Manager • Rehab Direct



18 years of Clinical experience



Areas covered: North East, North West, Yorkshire & Humberside, and South East Scotland



Ages treated: Adolescents aged 16+ and Adults

Conditions/Specialisms

• Women's Health • Orthopaedic Injury • Chronic Pain • Occupational Health

Profession

Physiotherapist

Education and Training

BSc (Hons) Physiotherapy

Advanced MSK Clinical Practice

APPI Pilates

AACP Accredited Acupuncture

Pelvic Health: Female Urinary Dysfunction

Memberships and Affiliations

HCPC - PH82505

CSP - 080085

Biography

Naomi qualified as a Physiotherapist in 2007 and maintains a strong commitment to ongoing professional development. Her early career included junior rotations across South Tees NHS Trust, followed by senior posts within County Durham and the Darlington Foundation Trust, where she gained extensive experience in musculoskeletal and neurological rehabilitation, persistent pain, and long-term condition management.

Naomi is also the Director of a well-established private physiotherapy and sports injury clinic, providing expert assessment, diagnosis, and evidence-based treatment for musculoskeletal conditions. She works with self-referring patients as well as those referred by insurance companies, sports clubs, and occupational health services. She also facilitates onward referral for imaging or specialist review when appropriate.

Her key clinical specialities include musculoskeletal disorders and fractures, neurological rehabilitation, persistent pain, and functional rehabilitation across both hospital and community settings. Driven by a patient-centred approach, Naomi is committed to delivering high-quality, evidence-informed care and helping individuals improve their function, confidence, and quality of life.

** Please note that following the INA or similar assessment, we will always aim for the ongoing case management to be completed by the assessing case manager. In the instance this is not possible, the case will be delegated to our experienced in-house case management team to provide remote support.*