

EBUKA ANIETO (HE/HIM)

BMR.PT, MSc, PhD, HCPC
Rehabilitation Case Manager • Rehab Direct



9 years of Clinical Experience



Areas covered: East of England, East Anglia, East Midlands, South East, London



Ages treated: Adolescents & Adults

Conditions/Specialisms

• FND • Neurological • Brain Injury • Orthopaedic Injury • Chronic Pain • Amputation • Spinal Injury

Profession

Physiotherapist

Education and Training

BSc (Hons) Physiotherapy
MSc Physiotherapy
PhD (Research)

Memberships and Affiliations

HCPC - PH127011
CSP - 118398

Biography

Dr Ebuka Aniето is a HCPC-registered Physiotherapist with broad experience across community, hospital, and home-based rehabilitation services. His clinical practice has centred on managing complex caseloads, delivering comprehensive assessments, and developing coordinated, goal-oriented rehabilitation plans that promote functional independence and safe discharge. He has worked closely with GPs, multidisciplinary teams, carers, and external agencies to ensure continuity of care, robust risk management, and patient-centred outcomes, which are key competencies in effective clinical case management.

In community settings, he has supported individuals with multiple and long-term conditions, regularly reviewing and adapting care plans to ensure timely progression and discharge. Alongside his clinical work, he has an established research background in rehabilitation and behaviour change interventions for chronic conditions. His involvement in systematic reviews and co-created intervention development has strengthened his commitment to evidence-based practice, ensuring that clinical decision-making and case management strategies are informed by high-quality research and measurable outcomes. His professional interests focus on holistic rehabilitation, behaviour change to enhance self-management, and integrated models of care that optimise recovery and long-term health. He brings to his role at Rehab Direct a strong blend of clinical expertise, multidisciplinary coordination, and research-informed practice.

** Please note that following an INA or similar assessment, any ongoing case management may be completed by one of our experienced in-house case managers via remote / desktop support.*