

# MANASA ARUNKUMAR (SHE/HER)

BSc MSc HCPC

Rehabilitation Case Manager • Rehab Direct



5 years of Clinical Experience



**Areas covered:** South West and West Midlands



**Ages treated:** Adolescents & Adults

## Conditions/Specialisms

• FND • Neurological • Brain Injury • Orthopaedic Injury • Chronic Pain • Amputation • Spinal Injury • Women's Health

## Profession

Physiotherapist

## Education and Training

BSc (Hons) Physiotherapy  
MSc Advanced Physiotherapy

## Memberships and Affiliations

HCPC - PH1507598  
CSP - 125524

## Biography

Manasa N Arunkumar is an HCPC-registered Physiotherapist with over 2.5 years of experience across neuro-rehabilitation, musculoskeletal physiotherapy, and deconditioning in NHS and private settings. Graduating with an MSc in Advanced Physiotherapy in 2024, she now works as a Neuro Physiotherapist, managing complex caseloads involving conditions such as stroke, multiple sclerosis, Parkinson's disease, FND, and traumatic brain injury. Her experience includes comprehensive assessment, care planning, goal setting, outcome monitoring, and regular review of treatment plans in collaboration with multidisciplinary teams. Alongside her neuro role, she has strong musculoskeletal experience, independently managing MSK caseloads, including post-operative rehabilitation, chronic pain, and sports injuries. Her professional interests centre on coordinated, person-centred case management that supports patient safety, functional independence, and continuity of care.

Manasa has a strong interest in combining her clinical skills with cutting-edge research and exploring innovative rehabilitation strategies, including the integration of Virtual Reality (VR) in chronic pain management, to enhance patient engagement and adherence to therapy. Her extensive background in research allows her to critically assess and apply the latest advancements within her physiotherapy practice. Manasa is also committed to continuous professional development (CPD) and actively seeks opportunities to expand her expertise.

*\* Please note that following an INA or similar assessment, any ongoing case management may be completed by one of our experienced in-house case managers via remote / desktop support.*