

LOUIS MAXWELL (HE/HIM)

BSc MSc HCPC CSP

Rehabilitation Case Manager • Rehab Direct



7 years of Clinical Experience



Areas covered: Yorkshire & Humberside,
West Midlands, East Midlands, North
West, Wales



Ages treated: Adults and adolescents
aged 12 and above

Conditions/Specialisms

• Orthopaedic Injury • Chronic Pain • Spinal Injury • Amputation • Occupational Health

Profession

Physiotherapist

Education and Training

BSc Physiotherapy

MSc Exercise and Sports Medicine

Soft Tissue Injection Therapy Course

Memberships and Affiliations

HCPC Number - PH128483

CSP Number - 115083

Biography

Louis is an experienced musculoskeletal (MSK) Physiotherapist with extensive clinical and operational expertise (in India and the UK). He has held senior and advanced roles in physiotherapy, including First Contact Practitioner, focusing on the assessment, diagnosis, treatment, and rehabilitation of patients with a wide range of conditions, including sports injuries, whiplash, occupational injuries, post-fracture and post-surgical recovery, and geriatric cases.

In his clinical practice, he has managed complex caseloads across various settings, including private clinics, primary care networks (PCNs), and insurance/occupational health providers. Louis educates patients on their conditions, self-management, and injury prevention, obtains informed consent, and ensures comprehensive clinical documentation to track outcomes and demonstrate service value.

Louis has deep awareness of effective physiotherapy techniques, including joint/soft tissue injections, aspirations, manual therapies (e.g., deep tissue and sports massage, mobilisations), electrotherapy modalities, and tailored exercise programs to enhance strength, flexibility, and overall well-being, and has an interest in holistic, efficient, and patient-centred service delivery.

FCPs are highly experienced clinicians working within a multidisciplinary team, collaborating with GPs and other healthcare professionals who can assess and diagnose a range of MSK conditions. They regularly provide advice, treatment plans, and arrange referrals to other specialist services or further investigations, including scans. Some may also undertake injections and prescribe medications.

** Please note that following an INA or similar assessment, any ongoing case management may be completed by one of our experienced in-house case managers via remote / desktop support.*