

NAVANEETH THIRUVOTH (HE/HIM)

BSc MSc HCPC

Rehabilitation Case Manager • Rehab Direct



12 years of Clinical Experience



Areas covered: East Midlands, West Midlands, East of England, East Anglia, Yorkshire & Humberside, North East, North West, North Wales



Ages treated: All ages

Conditions/Specialisms

• Neurological Injury • Orthopaedic Injury • Brain Injury • Chronic Pain • Spinal Injury • Amputation

Profession

Physiotherapist

Education and Training

BSc Physiotherapy

MSc Physiotherapy

MSc Sports Performance

Memberships and Affiliations

HCPC Number - PH130866

Additional Languages

Malayalam

Tamil

Biography

Navaneeth is an experienced First Contact Physiotherapist (FCP) with a strong background in musculoskeletal assessment, rehabilitation, and case management, with a speciality in neurological, orthopaedic, brain, and spinal injuries, as well as chronic pain and amputation.

He has worked within the pain management team at Rehab Direct, where he gained extensive experience supporting people with persistent pain and coordinating personalised rehabilitation plans. Navaneeth has also worked as a Senior Physiotherapist within Pure Physiotherapy, providing advanced clinical assessment, evidence-based treatment, and contributing to the development of colleagues and service quality.

His professional interests include pain management, holistic rehabilitation, and guiding patients through their recovery with clarity, confidence, and continuity of care.

FCPs are highly experienced clinicians working within a multidisciplinary team, collaborating with GPs and other healthcare professionals who can assess and diagnose a range of MSK conditions. They regularly provide advice, treatment plans, and arrange referrals to other specialist services or further investigations, including scans. Some may also undertake injections and prescribe medications.

** Please note that following an INA or similar assessment, any ongoing case management may be completed by one of our experienced in-house case managers via remote / desktop support.*