

RANA HASSAM BIN MEHMOOD (HE/HIM)

BSc PPDPT CSP HCPC

Rehabilitation Case Manager • Rehab Direct



14 years of Clinical Experience



Areas covered: Yorkshire & Humberside, East Midlands, West Midlands, North West, North East, North Wales, Mid Wales



Ages treated: All ages

Conditions/Specialisms

• Neurological Injury • Orthopaedic Injury • Brain Injury • Chronic Pain • Spinal Injury • Amputation • Burn/Scar

Profession

Physiotherapist

Education and Training

BSc Physiotherapy

Post Professional Doctorate of Physiotherapy (M. Phill - PPDPT)

FCP Road Map Stages 1 and 2

Memberships and Affiliations

HCPC Number - PH140895

CSP - 120724

Additional Languages

Hindi

Punjabi

Urdu

Biography

Rana is a highly experienced Physiotherapist with a strong background in conducting holistic patient assessment, care coordination, and multidisciplinary working. As a First Contact Practitioner (FCP) with over 15 years of clinical experience, Rana can identify a patient's immediate and long-term needs, including physical and psychosocial health, social well-being, and safeguarding considerations.

His professional interests include comprehensive assessment, person-centered care planning, risk management, setting realistic goals, and interventions to achieve those goals. He has a particular interest in advocating for patients and consistently goes the extra mile to facilitate the best possible outcomes for his patients and clients. Rana focuses on integrating the biopsychosocial model into each individual's recovery journey and is committed to delivering high-quality, evidence-based case management to support optimal recovery and improve overall quality of life.

FCPs are highly experienced clinicians working within a multidisciplinary team, collaborating with GPs and other healthcare professionals who can assess and diagnose a range of MSK conditions. They regularly provide advice, treatment plans, and arrange referrals to other specialist services or further investigations, including scans. Some may also undertake injections and prescribe medications.

** Please note that following an INA or similar assessment, any ongoing case management may be completed by one of our experienced in-house case managers via remote / desktop support.*